

Summer Dedication Competition



**If you come to class regularly,
you will earn a tiger patch in the Fall**

Time	Mon Form & Basic Skills	Tue Weapon, Grappling & Form	Wed Weapon, Grappling & Form	Thu Sparring (Hand Skill & Kicking)	Fri Sparring (Hand Skill & Kicking)	Sat Form & Basic Skills
3:45 4:15	Peewee All Belt	Peewee All Belt	Peewee All Belt	Peewee All Belt	Peewee All Belt	10:30 am Children's Open
4:30 5:15	White Yellow	Orange Green	White Yellow	Orange Green	White Yellow	
5:30 6:15	Orange Green	White Yellow	Orange, Green,	Semi-Advanced & Advanced	Orange Green	
6:30 7:15	Semi-Advanced & Advanced	Blue & Purple	Blue, Purple, Semi-Advanced & Advanced	Blue & Purple	Semi-Advanced & Advanced	
7:15 8:15	Junior Age 12 up	Junior Age 12 up	Junior Age 12 up	Junior Age 12 up	Junior Age 12 up & Family Class	
8:15 9:00	Adult Open	Adult Open	Adult Open	Adult Open	Adult Open	

Belt code--Beginner: White, Yellow **Intermediate:** Orange, Green, Blue, Purple **Semi-advanced:** Red, Brown, Red & Black **Advanced:** Black Belt

Peewee: Age 3,4,5,6

Equipment to bring: Weapons (Tue & Wed) Sparring Gear: Thu. & Fri.

Class format: Mon & Sat : Form, Basic Skills / **Tue & Wed :** Grappling & Weapon/ **Thu. & Fri. :** Olympic Sparring & Kicks

USTC Rules and Policies: 732-262-8811-www.ustcnj.com

All students must attend class with clean USTC uniform and patches.

No jewelry of any kind allowed during class.

All students from Yellow Belt and above must have mandatory equipment for sparring classes with USTC logos.

All students must present attendance card to instructor at start of class.

All school age students must turn in report card every marking period.

All children in reception area must be supervised at all times.

We encourage spectators, however talking will not be tolerated.

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